Final Instructions Lomax Cup 2016

START:-

The start will be at The Glyn Valley Hotel Glyn Ceiriog LL20 7EU 5 miles from Chirk on the B4500.

STARTING TIME:-

Competitors will start at 9.30 a.m. at 1 minute intervals. It is the responsibility of the competitor to present himself/herself to the starter at his/her appointed time and allow for machine examination prior to start.

COURSE/SECTIONS:-

Consists of 36 sections – 2 being graded hill. The Course is approx 40 mile round, **please pay attention to all signs** (close gate, quiet etc.)

METHOD OF MARKING:-

TSR – 22B NON STOP. Sections have been marked out accordingly.

TIME ALLOWANCE:-

Each rider will be allowed 7 hours to complete the course. For every 1 minute in excess of time, 1 mark will be lost to a maximum of 20 minutes, after which the penalty will be exclusion.

RIDING BIBS:-

When signing on, each competitor will be issued with a riding bib which must be worn throughout the competition and returned to the signing on team at The Glyn Valley Hotel on completion/retirement.

PUNCH CARDS:-

Two punch cards will be issued to each competitor at signing on. It is the competitor's responsibility to look after his/her punch card. Completed first punch card will be collected from competitor at Group 7.

PETROL:-

There is no petrol filling station at the start (or in Glyn Ceiriog) and competitors must provide for their own fuelling throughout the day. A course map will be provided in the event programme with suggested refuelling points.

PLEASE NOTE:-

RED NUMBERS – HARD ROUTE (SECTIONS MARKED BLUE LEFT – RED RIGHT)

WHITE NUMBERS - EASIER ROUTE (SECTIONS MARKED AS ABOVE WITH WHITE DEVIATIONS).

IMPORTANT:

- 1. PLEASE HAVE YOUR ACU LICENSE READY FOR INSPECTION AT SIGNING ON
- 2. YOU WILL BE REQUIRED TO DECLARE THE MAKE/MODEL AND REGISTRATION NUMBER OF THE MOTOCYCLE YOU ARE COMPETING ON FOR MSA WHEN YOU SIGN ON.
- 3. TO COMPLY WITH MSA ALL COMPETITORS MUST ADDEAR TO SECTION 170 OF THE ROAD TRAFFIC ACT 1988 AND RULE 286 OF THE HIGHWAY CODE. ANY INJURY INCIDENTS MUST BE REPORTED TO THE POLICE AUTHORITY.

REFRESHEMENTS:

The Glyn Valley Hotel and the Spar Shop in Glyn Ceiriog will be open all day if you wish to purchase food/refreshments.